



LUMUNOS

SHINE A LIGHT ON YOUR CALLING

March 2024

E-News



*"Hello sun in my face. Hello you who made the morning
and spread it over the fields...
Watch now, how I start the day in happiness, in kindness."*

-Mary Oliver

Courage, Clarity and Peace



Greetings Lumunos friends,

My name is David Fraccaro, and I am the new Executive Director at Lumunos. Like the new kid at school, I come to this role with a healthy mix of nerves, curiosity, and great excitement for the future! I am drawn to this historic and transformative organization for many of the same reasons you are: the meaningful relationships, depth of dialogue, and growth in spirit that all lead to a renewed sense of purpose and meaning in life. I am deeply grateful to the board for this tremendous opportunity, and to our terrific staff for their kind and generous welcome.

While I come to this role with 20 years of innovative and impactful nonprofit leadership experience in the areas of interfaith relations and human rights ([which you can read more about on our website](#)), I've quickly learned within Lumunos that *who* I am matters just as much as *what* I've accomplished in my life. I am a father, a partner, an ordained minister, and a singer and actor who has been consistently called throughout life to: authentically connect with and learn from the many manifestations of God, compassionately address unnecessary suffering in the world, and to build bridges of understanding, trust, and cooperation between diverse people and communities. In short, I try each day (with many missteps and stumbles along the way) to humbly love God and my neighbors as myself in a way that makes a difference in the world.

For nearly 100 remarkable years, Lumunos has been helping people discover and live into their deepest values and calling in life so that the world might benefit. Many of you reading this newsletter are the living legacy of this transformative work. At a time of significant division and uncertainty in the

world, I strongly believe Lumunos has a unique and essential role to play in helping people and communities create meaningful change. As many a mystic, poet, and artist has articulated throughout human history - lasting change in the world often starts from within. It is my hope that our communications and programs, this year and beyond, inspire you to think and live with greater courage, clarity, and peace.

I am deeply grateful to be with you all on this journey, and look forward to learning more about your connection to Lumunos and how we can create meaningful change in this one precious life together.

Peace,

A handwritten signature in black ink, appearing to read "David". The signature is fluid and cursive, with a large initial "D".

Contact David



Renewal

Inhale!

It's that delicious blend of roots and earth twisting underground, moisture held heavy in the air and wet leaves hiding under the rhododendrons.

Daylight lingers longer now as it illuminates the ground still covered in snow and maple trees standing like frozen sentinels in winter will soften their woody frames fanning out leafy canopies of green and red. So when a certain beloved groundhog emerged from his burrow and failed to see his shadow, I think we all know that spring will be arriving a little early this year.

I'm soothed and amazed by the renewal of things; how young leaves begin to unfurl themselves; how my tulips just know when to burst free from the crusty ground; how a single wildflower can reap thousands, painting the Mojave Desert a radiant violet blue.

Life's infinite cycle of beginnings and endings and beginning again.

-Alice Barbera

Reflection Question

What inspires you during this time of renewal?

Upcoming Events

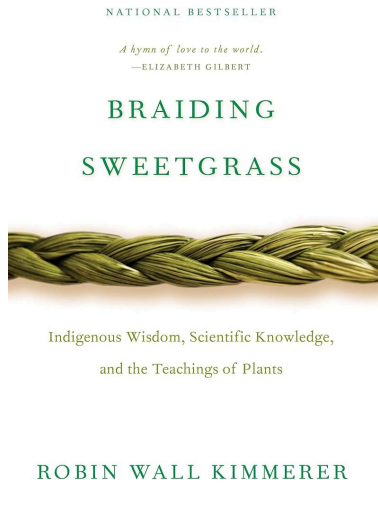


Zoom Town Hall: Meet David Fraccaro, Executive Director

March 21st, 7:30-8:30pm ET
Facilitated by David Fraccaro and Doug Wysockey-Johnson

To learn more and to register, click [here](#).

David will share more about the journey that led him to Lumunos, and his hopes for the future. He also looks forward to learning more about what makes Lumunos so special to all of you! Doug Wysockey-Johnson will also be on hand to answer questions and talk about his role at Lumunos this year. This will be a great opportunity for the Lumunos community to gather and celebrate this exciting next chapter in Lumunos' history. Please join us! This event will be recorded for all registrants.

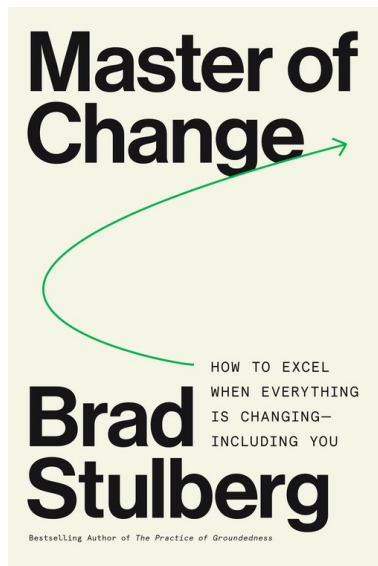


Women Becoming Book Club (Monthly)

April 3rd, 12-1pm ET via ZOOM
Facilitated by Becca Perry-Hill

To learn more and to register, click [here](#).

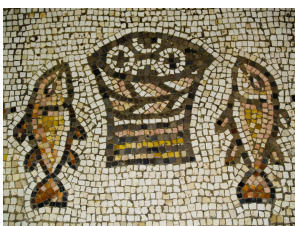
In this meeting of Women Becoming, we will be discussing the book "Braiding Sweetgrass" by Robin Wall Kimmerer. Each month we'll use the selected book as a resource to better understand our own stories. The facilitator-provided discussion questions will help guide our exploration of the book in small breakout groups.



Master of Change with Brad Stulberg

Tuesday June 4th, 7-8pm ET via ZOOM
To learn more and to register, click [here](#).

You are invited to join author Brad Stulberg as we illuminate theories related to change and how these concepts can serve as a tool to navigate changes large and small in our lives. We all have heard that “the only constant in life is change.” Explore with us how change is a sign of life - a reliable part of every story within a story that is what makes us human. As Carl Jung states, “It seems that all true things must change and only that which changes remains true.”



Loaves & Fishes

Remember or honor those you love with a special gift to Lumunos in their name. The following gifts were made in tribute between February 1st and February 29th.

In Memory of Bruce Davey - Jacqueline Davey

In Memory of Roby Buckalew - Susanne Buckalew

Loaves and Fishes

Have you considered a donation to Lumunos?

It's rare that we have the opportunity to reflect on our lives with honest vulnerability. This is what's unique about Lumunos. Your generosity allows Lumunos to provide more people with this kind of opportunity.

Click below to make a difference through us in our service to you and others. On our website, you may make a single donation or set-up monthly giving.

We are a 501(c)3 non-profit organization and your donation is tax-deductible to the extent allowed by law.

Make Your Gift Here



"I LOVED THE OPPORTUNITY TO MEET WITH OTHERS ABOUT SPIRITUALITY AS IT RELATES TO INDIVIDUALS AND FAMILY. IT ISN'T SOMETHING THAT I HAVE GIVEN MUCH THOUGHT TO BUT REALLY LOOKING TO EXPAND ON IT AND DEEPEN MY SPIRITUALITY MOVING FORWARD. I LOVED BEING ABLE TO CHAT WITH PEOPLE WHO FEEL THAT SAME WAY."



Testimonial, Anonymous Participant

www.lumunos.org



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